

A Tourist's Guide to Mercat de Sant Antoni

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Location

Carrer del Comte d'Urgell, 1, 08011 Barcelona
(Temporary location next to Sant Antoni Metro)

Hours of Operation

Mon-Thurs: 7am - 2:30 pm; 5pm - 8:30 pm
Fri & Sat: 7am-8:30pm
Sun: Closed



Entrance to Mercat de Sant Antoni

FAQ



Can I shop here? Yes! Keep in mind this is a local market, so being able to speak a little Spanish would be helpful. If not, do not worry! Most vendors are friendly and speak a little English, so if you are kind and give it a try, you will be able to get by despite any language barriers.

How do I access the market? The market does not have a visible sign on the exterior of the building, but there is a decal on the entrance. It is located right next to the Saint Antoni metro station. There are entrances on each side of the building (north, south, east and west facing) with ramps on any side.

Pictured left: Main aisle displays merchant options

long, narrow aisles, where competing vendors sell their local and manufactured goods. Its location next to the train, clear aisles and exterior ramps enables accessible for all.

What is offered here? The market offers fresh fruits, vegetables, red meats, poultry, seafood, eggs, lentils and cheese. They also offer some pre-cooked food, canned and bottled food, packaged food such as noodles, as well as some snacks (dried fruit, nuts, chips, and a little candy). They do not sell milk or bread at this market.

How do I navigate the market? Mercat de Sant Antoni is divided into two



Pictured right: Packaged foods available for purchase



Where are the labels? Some vendors will put labels (price, identification, etc.) on their products, and some choose not to.

Not putting labels on the food encourages communication between the consumer and vendor: This practice invites a relationship with food and their community beyond the standard, transactional nature we see in American supermarkets.

Pictured left: Variety of seafood displayed on ice with labels for consumers to easily browse

Where are the rest of the products?

Fresh bread can be found in Spanish bakeries called “panaderias” such as Pans Granier, or in this Catalonian forn de pa called “Forn Mistral” just a few blocks away from the market. They are bread specialists!

Milk can be found in small mini-markets around the city. There, packaged goods are available for purchase that you might find in an American market. Most even offer non-dairy milk options should you prefer.

Pictured right: Precooked food geared towards people on-the-go



How do I purchase goods from vendors?

Etiquette: Do **not** handle the fruits or vegetables! The vendor will kindly select and package the produce for you.

Meats and cheeses are displayed as whole: The vendor will slice either to your preference in the desired amount (in kilos).

Purchasing produce requires asking vendors for clarification of the product and its cost.

How much does the produce cost?

The price of the produce differs based on size, quantity and availability.

Estimated prices per kilo: Fruits and vegetables (3 – 9 euro), fish (5– 22 euro), meats (13 – 69 euro), eggs (1,50 – 3,20 euro)

Pictured left: Fresh fruits and vegetables sold by local vendor



We wish you a memorable, confident grocery shopping experience in Barcelona!