

Old Market, Fresh Food

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The Santa Caterina Market is one of the oldest market to the city of Barcelona and was built in 1845 but fully renovated back in 2005. During the civil war this market was the main food supplier to neighboring towns during the food shortages.

Now the market has a beautiful multicolored wavy roof and multiple benches that surround the patio near the entrance. It is home to vendors that sell fresh fruits, veggies, poultry, fish, meat, and etc. Even though the market is located so closely to the Gothic Quarter, it is not geared towards tourists but, instead locals. This is a great place for spending time with friends or family while having a coffee, tapas, or just for basic shopping necessities. The following are frequently asked questions people have for this market that are not familiar to the area.



Front entrance of the Santa Caterina Market located on Av. de Francesc Cambo, 16 Barcelona Spain.



This is a direct route to the market from the Gothic Cathedral

FAQs

Where is it located and how many entrances are there to get into the building?

Several entrances are accessed around the entire building. Doors to access the market cover the front wall of the market. North east of the Gothic Cathedral, 6 min walk.

Can I go grocery shopping all in one trip in this market?

Yes, there is a mini mart that opens at 9 am and other stores located market along the perimeter of the market.

Is it easy to walk through the aisles?



Yes, the store is made up of different type of vendors with wide aisles splitting in different directions.

Are prices displayed for all products?

The onions show the price per onion but not all produce show prices

Hours

Monday 7.30am to 3:30pm
Tuesday and Wednesday 7.30am to 3.30pm
Thursday and Friday 7.30am to 8.30pm
Saturday 7.30am to 3.30pm.



The wide and short aisles allow to maneuver easily throughout the

About 50% of the vendors had prices displayed.

What is the proper etiquette for picking produce?

Do not touch any produce with your hands. Always remember to use a glove or point to what you want.

Are there options for pre-prepped meals?

Most items are raw/ fresh. Some meals are already prepared. Others are pre-prepped meals which need some skill to cook. Pre-prepped item include stir-fry and burger patties.

Does this market encourage tourism?

Near one of the entrances there is a souvenir shop. Along the other end there are cutout boards that appear to be targeted toward a non-local audience.

Are there any places to sit?

Restaurants and cafes to eat inside the parameter of the building

What is the availability of premade food?

Very little was pre-packaged



Containers are filled with frozen pre-prepared vegetables and meals



Many different types of spices available

Could someone who does not have time to cook still benefit from shopping here?

-There are some already prepared meals you can heat up. There are also items that are pre-prepped but still need skills of cooking.

Is the food information foreigner friendly?

-Nothing on nutrient or english

Very minimal types of candies lined up next to nuts and dried fruits

What if I cannot find what I'm looking for? Is there somewhere else near by?

The mini mart within the market includes anything you can't find on the floor of the fresh market and has a lot of similar items as well

What is the best way to prepare for shopping without being overwhelmed by the numerous choices?

Have an idea of what you're looking for and what to buy.

-Create a meal plan



